



Lakeside  
Family  
Services

Changing Lives. Transforming Communities

# JOURNEY BEYOND DIVORCE

By FAM (LAKESIDE FAMILY SERVICES)

2026

21 Jul	7-9pm	Navigating Transitions
04 Aug	7-9pm	Emotions that Hurt (1)
18 Aug	7-9pm	Emotions that Hurt (2)
01 Sep	7-9pm	Relationships Map
15 Sep	7-9pm	Challenging Conversations
29 Sep*	7-9pm	Embracing New Beginnings

A Support Group  
to Explore  
Navigating Life  
During & After  
Divorce

*All sessions are held over Zoom except for 29 Sep (in person)*



[REGISTER NOW](#)



Get in touch:

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Location:

Lakeside Family Centre  
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