

FAM (Lakeside Family Services)

Every Family Matters.

ABOUT US

Our **Strengthening Families Programme (FAM)** provides counselling for family-related issues and delivers specialised divorce support programmes.



SERVICES



Family Counselling

For individuals and families experiencing stress due to family-related concerns such as marriage, parenting, and divorce.



Discernment Counselling

For couples who are uncertain about the future of their marriage and are considering a divorce.



Divorce Support Programmes

- To guide parents in making informed decisions that prioritise the well-being of their children.
- Supporting individuals and children through separation and divorce by building coping skills and resilience through life transitions.

All services provided are free-of-charge.



Get in touch:

☎ 6991 3003
✉ fam@lakeside.org.sg
🌐 <https://lakeside.org.sg/>

Locations:

Lakeside Family Centre
Blk 302 Jurong East St 32
#01-22 S600302

JustCo, Razer SEA HQ
1 One-north Crescent
#07-02 S138538

List of Divorce Support Programmes

By FAM (Lakeside Family Services)

Journey Beyond Divorce

A Support Group to guide divorced / divorcing individuals in navigating life during and after divorce.

Children-in-Between Programme – Children

To equip children aged 6 to 14 who are caught between their parents or face challenges from parental conflict, with skills to cope with parental divorce.

Children of Divorce Intervention Programme

To equip children aged 7 to 12 who may not have shown outward signs of distress, with skills to cope with potential challenges brought about by parental divorce.

Mandatory Co-Parenting Programme

To guide parents with children below 21 years old in making informed decisions that prioritise the well-being of their children.



SCAN HERE

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