



CHILDREN-IN-BETWEEN

Children-in-Between (CiB) is a skills-based programme that helps families deal with children's reactions to divorce. This programme is **free-of-charge**.

Children will learn:

- Positive ways to cope with the divorce of their parents.
- Explore the feelings, fears, myths and truths regarding divorce.
- The skills to share their feelings.

Eligibility: Children between 6-14 years old, whose parents' divorce has been filed.

2026

For children aged 6-11

Run 1: 16 - 18 Mar (Mon - Wed)
Run 2: 24 - 26 Jun (Wed - Fri)
Run 3: 07 - 09 Sep (Mon - Wed)
Run 4: 23 - 25 Nov (Mon - Wed)

All runs are from:
10am - 12pm

For children aged 12-14

Run 1: 24 - 26 Jun (Wed - Fri)
Run 2: 23 - 25 Nov (Mon - Wed)

All runs are from:
3pm - 5pm

[REGISTER NOW](#)



Get in touch:

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Location:

Lakeside Family Centre
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