



A FULLY SUBSIDISED PROGRAMME BY
FAM@FSC (LAKESIDE FAMILY SERVICES - JURONG EAST)

CHILDREN-IN-BETWEEN (PARENTS)

Children-in-Between (CiB) is a skills-based programme that helps families deal with children's reactions to divorce.

Parents will learn:

- Practical co-parenting skills
- Ways to reduce parental conflict
- To understand the needs of your children

Eligibility: Parents who have filed for divorce

2025 7 & 14 Apr
5 & 19 May
7 & 21 Jul
4 & 11 Aug
6 & 13 Oct
*3 & 10 Nov
2026 5 & 12 Jan

All sessions on
Monday evenings
7pm - 9pm
Online

REGISTER NOW



<https://forms.office.com/r/SWS2WiCP5F>

6991 3003

(Mon-Fri 9am-5.30pm)

fam@lakeside.org.sg

*Conducted in Mandarin