

August - September 2023



LAKE SIDE'S MISSION30 CHALLENGE: A 40KM CROSS-ISLAND WALK!

As part of Lakeside Family Services (Lakeside)'s Mission30 challenge, a record 70 supporters joined us in walking 40km overnight from Taman Jurong to Changi Chapel Museum on Friday, 4 August. The tradition of the long walk started in 2020, representing our commitment to walk the journey of reintegration with ex-inmates and their families.

Though the night was long, our walkers persevered and pushed themselves to the limits. Everyone walked for as long as their legs could carry them, and many stuck together till the very end. They were supported by a team of cheerful staff and volunteers looking out for their safety and distributing supplies at various pitstops.

We also thank Shell for their kind support and sponsorship of drinks and snacks for our walkers to energise them through the night.

The Cross-Island Walk this year raises funds for Mission30, our 30th Anniversary campaign supporting our work with children, youths, seniors, and families in need, including those affected by incarceration. You can contribute too by donating or fundraising with us from now till 31 Dec 2023.

**More photos
here**



IN CELEBRATION OF LAKESIDE'S 30TH ANNIVERSARY

CHARITY Gala Dinner

COMING SOON: LAKESIDE'S CHARITY GALA DINNER!

Friday, 20 October 2023

From 6.30pm

Sheraton Towers

Guest-of-Honour: Mr Desmond Lee

Minister for National Development & Minister-in-charge of Social Services Integration

Member of Parliament for West Coast GRC

For the past 30 years, we have been on a mission to change lives and transform communities. Guiding children and youths-at-risk to find the right path, caring for the vulnerable elderly, and helping fractured families find healing.

In our work with the incarcerated, we have helped ex-offenders find a new start in life and restore their family relationships. This year, we will be embarking on a new chapter as we build a new Prisons Services Centre to provide enhanced aftercare services for (ex-)inmates and their families.

We will also be growing our existing services to be even more effective and impactful to make a difference in the marriages, families, children, youths, and seniors that we serve. To do this, we will be hosting our 30th Anniversary Charity Gala Dinner to raise \$3 million for our new centre and existing services. Sponsor a table, seat, or make an outright donation today.

Support us



Proceeds from the dinner enable us to continue serving (ex-)inmates and their families. With your kind contributions, you can uplift friends like Huat Soon, an artistic talent with keen eyes and deft hands, and Allie, whose family is depending on her as she overcomes intergenerational trauma.



Once a curious and fearless young man who never thought about the consequences of his actions, Huat Soon was first imprisoned at 21 for extortion. While that did not deter his rebellious ways, his parents never gave up on him. They were heartbroken to see him incarcerated, but they always believed in him and never lost hope.

Unfortunately, his heroin addiction made it difficult for him to stay out of trouble. He found himself in and out of prison eight times, spending a total of 30 years behind bars.

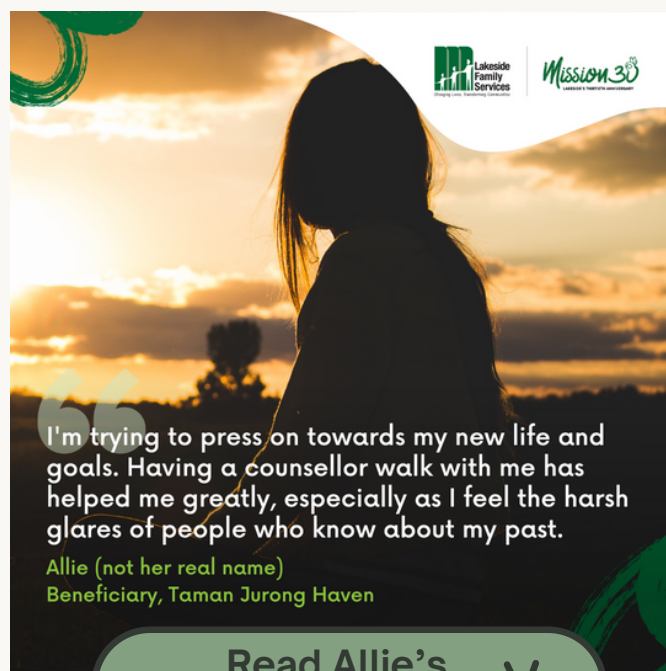
Things turned around when he was placed on the Day Release Scheme and assigned to our counsellor. Today, he is grateful for the support he received and the opportunity to turn his life around.

Read Huat Soon's
full story

"I don't come from a well-off family. My parents got divorced when I was young and I faced the difficulties of growing up in a single parent family. It pains me to see my children go through the same struggles but I want to provide for them as best as I can.

I've been meeting my Lakeside counsellor regularly and we talk about life's issues and the challenges close to my heart. I'm blessed to have a counsellor who is never judgmental and listens to my woes. We work on budgeting and arrangements for work, family, and childcare.

Starting afresh was never going to be smooth sailing, but with the constant encouragement from my counsellor, I am where I am today. I feel blessed to be able to see my kids and mom when I come home from work every day."



Read Allie's
full story

AGATHOS STEPS FORWARD FOR OUR CHILDREN AND YOUTHS

agathos at Lakeside's
Cross-Island Walk



Read more



At this year's Cross-Island Walk, we were glad to host participants with big hearts and incredible stamina. One of them was Pearlyn, a mother of two, and her team of walkers.

From her volunteering experience, she recognised that not every parent could comfortably provide opportunities for learning and play for their children. So, she rallied her friends, family, and colleagues to fundraise for Lakeside's work with children and youths.

This group of supporters started their own walking fundraiser on agathos, a faith-based crowdfunding platform, and raised over \$25,000! We are immensely grateful for all supporters because we would not be where we are today without their belief in our mission!

REASONS TO CELEBRATE SEPTEMBER



Did you know that our staff spend a few days out of office every year for a retreat? It was a time for us to bond, learn from one another, and align our mission in ways that would undoubtedly shape our future work.

As we returned to our daily routines, we took with us not only cherished memories but also a renewed sense of purpose and unity!



During the September school holidays, our student care children paid a visit to the ArtScience Museum's Sensory Odyssey exhibition.

They enjoyed an immersive experience learning about various ecosystems and the importance of being good stewards of our planet.

Our children also made the most of their school holidays by learning new things. Volunteers from NUS High School conducted a basketball clinic for our children to learn the fundamentals of basketball.

Beyond the skills acquired, these sessions also instilled the values of sportsmanship, discipline, and perseverance.



Our teachers let their hair down and celebrated Teachers' Day in style with a time of fellowship and dinner at a Korean restaurant. The evening was filled with laughter and heartfelt sharing over a delicious meal.

Thank you, teachers for the immense impact you have made on our children's lives!