



What's your Mission30 challenge?

In this issue, we bring you great reasons to take a step of faith and start your own Mission30 challenge, such as encouraging accounts from our staff and a former beneficiary who became our volunteer and donor!

Through Mission30, supporters are raising funds for our work serving children, youths, seniors, and families in need, and you can do it too! Do it solo or bring in your friends or family to contribute to this good cause together. Participants can run, walk, cycle, climb, or swim to achieve a target based on the number 30, e.g., 30 days or 30,000 steps.

Start an individual or group fundraiser on Giving.sg today or donate to any of the Mission30 campaigns that speak to you. Simply scroll to the bottom of our Mission30 campaign page on Giving.sg.

[Fundraise or Donate
on Giving.sg](#)

[Donate on
lakeside.org.sg](#)

A working mom's approach to Mission30



"Our Mission30 challenge is to walk 30 minutes for 30 days together!" - Katrine

Katrine's challenge

Busy schedule? No problem! Katrine might be a working mother of two, but she is committed to doing her part and raising funds for Mission30 because she believes in our impact on the community. For her Mission30 challenge, she's roping in her family to join her on 30-minute walks for 30 days.

It won't be easy with two toddlers in tow, but Katrine sees it as opportunities for family outings, and her plan includes practical considerations like keeping the kids entertained.

Read more about how this young family is taking on this challenge together!

Your giving multiplies!

"Life is not the same for everyone, nor does everyone have everything in life. But the people of Lakeside showed me that when there is faith and trust, there is hope."

Let's all chip in what we can, in any way, to bring hope to those in need. I donate monthly, and I hope you will join me in supporting them with your kind donations. A small aid from someone can change another person's life."

Kesh, our former beneficiary, recounted his incredible story of how Lakeside played a pivotal role in his life when he was in university, enabling him to become the brilliant engineer, husband and dad he is today.

Read the full story on how he was inspired to give back as our donor and volunteer.



Kesh's story

Our mission of positive parenting



"Using my experience, I can help one family at a time in small ways but hopefully with great impact!"

*Effy, Family Life Educator
Parent Support Services*

"Like many parents, I used to have unreasonable expectations of myself and my children, which led to resentment and burnout.

I was struggling as a mom of two until I learned about positive parenting, which taught me that a child's challenging behaviours are symptoms of deeper unmet emotional needs. Children yearn to be heard and understood."

As a Family Life Educator at Lakeside, Effy is all about spreading the word about positive parenting to strengthen family ties.

She is thankful when she hears how parents have learned to parent more competently and confidently, and how their family relationships have improved. Read all about how Effy and her colleagues at Lakeside support parents through their parenting journey.

[Effy's story](#)

Your giving SPARKS joy



[Photos from
SPARKS](#)

Did you know that Mission30 also supports programmes at The GRIT Project, Lakeside's centre for children and youths? One of these programmes is SPARKS, a programme designed to provide meaningful engagement for primary school children over the school holidays. Every run has a theme, and the children learn through group activities such as craft sessions, games and discussions.

In our latest run of SPARKS, the children learned all about teamwork and effective communication! They had a memorable time building towering structures with chopsticks and bouncing on trampolines. These activities foster essential skills in problem-solving and critical thinking and social interaction. They also promote patience and resilience – great values for pre-teens to carry with them for the rest of their lives!

Join us for our 30th Anniversary Charity Gala

IN CELEBRATION OF LAKESIDE'S 30TH ANNIVERSARY

CHARITY Gala Dinner

FRIDAY, 20 OCT 2023
7PM SHERATON TOWERS

Support us by



Sponsoring a table

\$5,000
\$10,000
\$20,000



Sponsoring a seat

\$1,000
\$3,000
\$5,000



Making an
outright donation

Contact Nelson or Iphiginia via
charitydinner@lakeside.org or call **6265 6522**

We are organising our 30th Anniversary Charity Gala Dinner on Friday, 20 October from 7.00pm at Sheraton Hotel with our Guest-of-Honour, Former Senior Minister Tharman Shanmugaratnam.

The Gala raises funds for Lakeside's work with children, youths and seniors, and our upcoming TJ Haven Prisons Services Centre providing enhanced aftercare services for ex-offenders and their families. Guests can expect a meaningful showcase of these services, plus a thrilling raffle draw and auction.

You can support the Gala by sponsoring a table, a seat or making an outright donation. Donations are eligible for 250% tax deduction and one-for-one matching by the government's Enhanced Fundraising Grant programme.

[Sign up for the Charity Gala](#)

Our long history of serving the incarcerated



As part of our 30th anniversary celebrations, we look back fondly on the milestones we've reached over the past three decades. One of these milestones is the official opening of Lakeside's Taman Jurong Centre 16 years ago. The Guest-of-Honour was none other than Mr Tharman Shanmugaratnam, then the Minister for Finance and Member of Parliament for Jurong GRC!

With this centre, we kickstarted our Taman Jurong (TJ) Haven programmes supporting the incarcerated, ex-inmates and their families. Today, our TJ Haven programmes serve over 3,900 inmates, ex-offenders, and their families in a year.

Read more about the quality services provided by our dedicated staff at TJ Haven and check out our milestones from the past 30 years below.

[TJ Haven:
Now & Then](#)

[Our milestones](#)

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