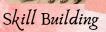
## PHOTO GALLERY



Group Discussion



Relationship Building



Experiential Learning



## **OUR MISSION**

Nurture and build a community of caring children and youth who gives back to the community

## **OUR OBJECTIVES**

Create a caring and supportive space in the community for children and youth to express their unique selves through self-discovery and mentoring

Develop character, confidence, competence, connectedness and care in children and youth to enable them to contribute to their communities

Empower children and youth to make quality choices in their lives

### **OUR TARGET**

Our programmes target children aged 5 - 12 and youths aged 13 - 18 living in the Jurong area

Should you know of any child/youth suitable for any of the following programmes, please forward your requests/referrals to thegritproject@lakeside.org.sg We will get in touch with you shortly

> You may locate the referral form at www.lakeside.org.sg

We will interview all potential participants to determine suitability for the programme



Grace . Respect . Integrity . Tenacity



A CHILDREN & YOUTH CENTRE BY LAKESIDE FAMILY SERVICES





Mon - Fri | 9.30am to 6.00pm



Blk 977 Jurong West St 93 #01-369 Singapore 640977



+65 6871 8727 | 9022 6250



thegritproject@lakeside.org.sg



thegritproject.lakeside

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### LIGHTS

#### \*Mentoring

A 10-week programme designed for preteens who are identified to possess at-risk traits. LIGHTS exposes them to positive values through positive role modeling and inculcates life skills and social skills.

### **SPARKS**

A short-term holiday engagement programme designed to expose children to positive values while inculcating life skills and social skills.

# The GRIT Hub +

A safe place for children to study and play after school. TGH+ provides academic coaching and supervised play time, designed to grow a child's interest in his studies and encourage discipline in study and play.

# Youth-Rhythmix \*Mentoring

A platform for youths to receive coaching for hip-hop dance by trained volunteers. Y-Mix aims to grow youths' emotional resilience and positive self-concept through dance.

# SERVICES

### Sports @ TGP

### \*Mentoring

Weekly sports coaching and mentoring programme nurturing positive values in youths and empowers them to develop self-confidence. The GRIT Project currently offers badminton and futsal.

# The Little Reading Club

Small group coaching aimed to help children with reading difficulties level up their reading abilities quickly.

# Interest Based Workshop

Short-term workshops growing pre-teens' and youths' confidence in a particular skill-set, be it sports, music, arts, etc. You name it and we'll make it work! Classes will start when 5-6 youths indicate interest in a similar skill.

# School Social Work

Tailored for youths identified to possess at-risk traits. Programmes are designed to help youths develop positive problem-solving skills through interactive workshops and experiential activities. Programmes will be customised based on individual school needs.

## The GRIT Hub

A platform for youths to have fun and be meaningfully engaged after school with friends and trained Youth Workers. Positive relationships with youth workers allow for youths to journey through their daily struggles with trusted adults.

# The GRIT Academy \*Mentoring

A long-term mentoring programme designed to grow youths' character and personal leadership. Youths undergo a journey of self discovery through experiential activities with an emphasis on relationship building and self exploration. Youths are supported by mentors and friends in the process.