

十月份节目表
October 2021 Programme Schedule

日 DAY	上午 MORNING	午休 LUNCH BREAK	下午 AFTERNOON
星期一 MONDAY	四弦琴兴趣小组 (中级) Ukulele Interest Group (Intermediate) (仅报名-By Registration only) 10.00am – 11.30am (Suspended-暂停)	12.30pm- 1.30pm	四弦琴班 (初级) Ukulele Class (Beginner) (仅报名-By Registration only) 3.00pm – 4.30pm (Suspended-暂停)
星期二 TUESDAY	中心暂时关闭 Centre is temporarily closed		缤纷湖畔 Happy Hour 2.30pm – 4.00pm (5, 12, 19, 26 Oct) (线上进行-Conducted on Zoom)
星期三 WEDNESDAY	体操 Morning Exercise 10.30am – 11.15am (6, 13, 20, 27 Oct) (线上进行-Conducted on Zoom)	12.30pm- 1.30pm	好男人 The Good Men (仅报名-By Registration only) 2.00pm – 4.00pm (6, 13, 20, 27 Oct) (线上进行-Conducted on Zoom)
星期四 THURSDAY	英语会话班/保健操 Conversational English Class and Morning Exercise 10.00am – 11.30am (7, 14, 21, 28 Oct) (线上进行-Conducted on Zoom)	12.30pm- 1.30pm	中国绘画 (中级) Chinese Painting (Intermediate) 1.30pm – 3.00pm (Suspended-暂停) 中国绘画 (初级) Chinese Painting (Beginner) 3.30pm – 5.00pm (Suspended-暂停)
星期五 FRIDAY	棋盘游戏 Board Games (仅报名-By Registration only) 10.00am – 12.00pm (Suspended-暂停)	12.30pm- 1.30pm	艺术手工班 Art & Craft 2.30pm – 4.00pm (1, 8, 15, 22, 29 Oct) (线上进行-Conducted on Zoom)

If you have any enquiries, please contact Peter (锦章), Lawrence (家声), Rachel (俐尹) at 6817 4187.