



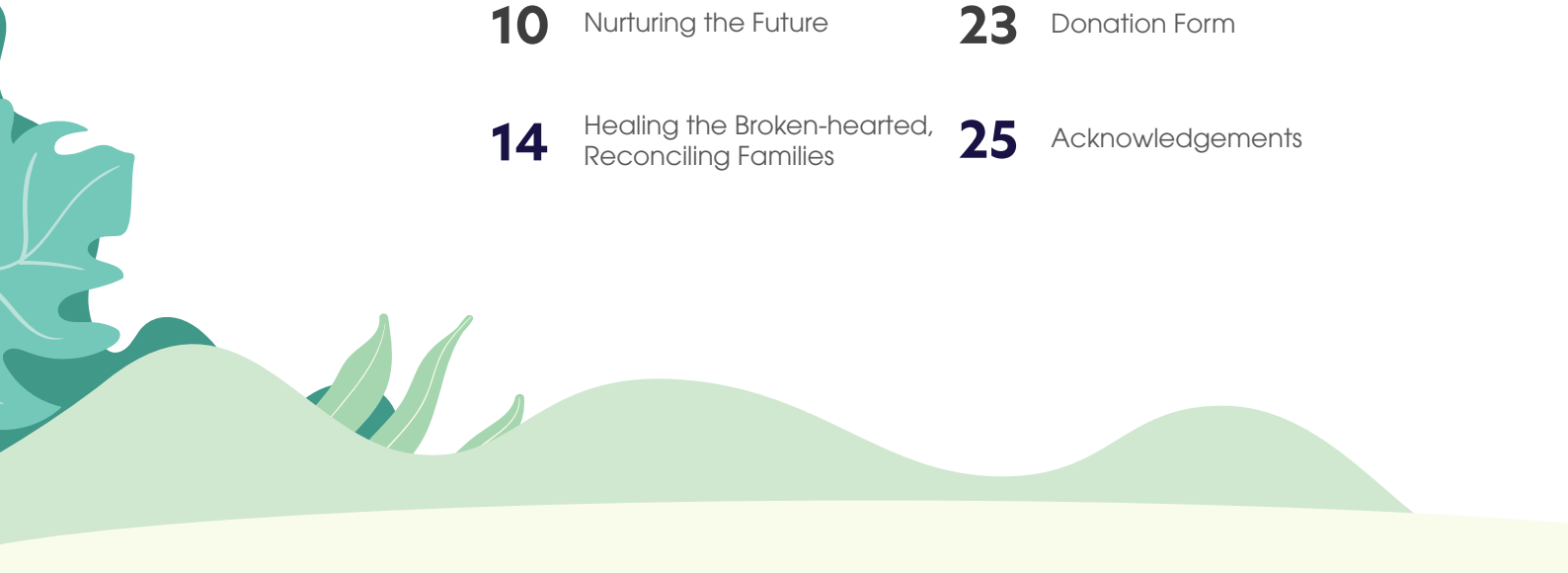
annual report  
2018 / 2019

# CHANGING LIVES TRANSFORMING COMMUNITIES



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## About Us

Lakeside Family Services (Lakeside) is a charity which has served the community for the last 26 years, regardless of race, language, or religion.

We help develop resilience in disadvantaged children, mould troubled youths into contributing individuals, empower seniors to help lonely seniors, assist ex-offenders in reintegrating into society, and help women with unsupported pregnancies.

We are an Institution of a Public Character (IPC) and a member of the National Council of Social Service (NCSS).

## Mission

We at Lakeside fulfil our Christian responsibility to society by caring for the community. We provide quality services, focused on the needs of individuals and families in the community at Jurong, regardless of race, language and religion. We work in harmony with our neighbours, the community and the government.

## Vision

Changing Lives, Transforming Communities

## Chairman's Message

Lakeside Family Services has one mission – to change lives and transform communities by fulfilling our Christian responsibility of caring for the community holistically. Together with likeminded people, we have been providing services that address the needs of vulnerable individuals and families at Jurong.

After 26 years, the work has grown. Having helped thousands, Lakeside is building greater capacity to help even more who may be struggling at this season of their lives.

Beyond the Jurong community, we have been positively impacting troubled marriages and families. We find joy in helping women with unsupported pregnancies make life-giving choices. We have also been helping the incarcerated and former inmates find strength to carry on and live better.

Lakeside is able to fulfil our mission only with the strong collaboration of fellow partners, dedicated staff and volunteers, and generous donors. We are encouraged by people like you who care and see the needs in our community.

We treasure this partnership of changing lives, transforming communities. For we know a gift of time, talent, and treasure to others in need will have lasting impact, long after we are gone.

**Andrew Tay**  
Chairman



## Executive Director's Message

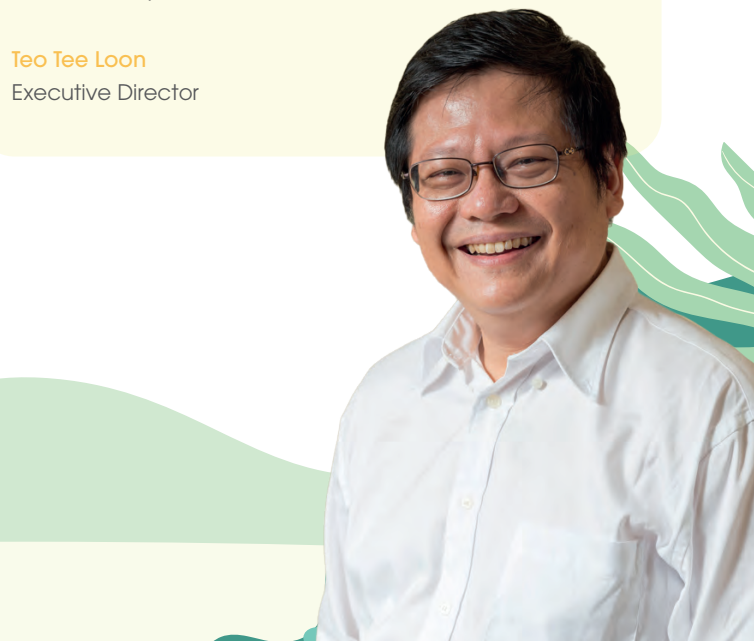
There is so much to be grateful for as we look back over the past year. First, we are thankful for a wonderful team of staff and volunteers who share the same vision and passion to seek and help those who are hurting in our community. Second, for wonderfully supportive partners, including our grassroots advisers, government, corporate and community partners. And third, for many opportunities to break new ground, as well as enhanced resources to deepen our existing work.

This year, we saw the launch of several significant projects, including The GRIT Project, our outreach centre for children and youths at risk in the Nanyang Constituency and wider Jurong; the Kaki Kampong Seniors Wellness Centre within the NKF Integrated Renal Centre at Corporation Road, to equip active seniors to reach out to frail and vulnerable seniors; the Parenting Support Service to schools in partnership with MOE and MSF; our Family Resource Centre based at Changi Prison; and our very own Marriage Support Services, to reach out to those with troubled marriages.

At the same time, our Family Service Centres and Integrated Service Provider (ISP) programmes for youths-at-risk continue to serve the community. Safe Place turned one this year, signifying another milestone in our journey towards empowering women with unsupported pregnancies.

For all this, we give thanks with a grateful heart and give glory to God, without whom all these would not have been possible.

**Teo Tee Loon**  
Executive Director





## Strengthening the Foundations of Society

### Restoring Lives, Strengthening Families

Through casework and counselling, our staff were able to engage clients professionally and compassionately as they addressed primary and secondary issues.

Lakeside also provided additional support to needy clients with food rations and vouchers. For infants, we provided milk powder and diapers, donated by several organisations.



**38.9%**

**financial issues/  
basic sustenance**



**9.5%**

**parenting/child  
management**



**8.6%**

**marital  
issues**

### Supervision, Training, and Ethical Practice

All staff received support and supervision individually and in groups. In-house training and external courses were provided for every practitioner to stay updated on their knowledge and skills.

To ensure holistic training for our staff, staff with qualifications in counselling were equipped with social work knowledge. Likewise, staff who were trained in social work picked up counselling skills.

Besides the Singapore Association of Social Workers (SASW)'s Code of Professional Ethics, Lakeside upholds the Code of Ethics used by various professional bodies to ensure professionalism and integrity in service delivery.

I found out about the marriage counselling service at Lakeside Family Services through the Internet. It took my wife a while to accept that we needed to talk to someone about our marriage. After a few sessions, we both realised it was a good thing we did. We had a lot of different opinions about a lot of things, so we needed to find common ground and communicate better.

**Counselling has helped us express our feelings and speak more openly, so we do not let emotions control us.** Our counsellor Wendy was very caring and understanding. She provided a listening ear, which was very helpful for me and my wife.

**Mr and Mrs Amir (not their real names)**  
Beneficiaries, Family Service Centre



# Casework & Counselling Statistics



## Types of Cases Handled

Aug 2018 to Jul 2019

Case Type	Jurong West	Jurong East	Total
Accommodation / Shelter Issues	36	30	66
Addiction – Drugs, Gambling, Others	5	0	5
Behavioural / Emotional Issues	41	22	63
Caregiving / Childcare Issues	23	11	34
Disability Issues	4	2	6
Elder Abuse	2	3	5
Elderly Issues	6	2	8
Employment / Career	4	2	6
Family Issues	53	28	81
Family / Partner Violence	46	39	85
Financial Issues / Basic Sustenance	224	202	426
Health Issues	4	0	4
Interpersonal Issues	13	6	19
Marital Issues	54	40	94
Mental Health Issues	25	33	58
Others	4	9	13
Parenting / Child Management	59	45	104
School Issues	2	1	3
Sexuality Issues	1	0	1
Youth Issues	11	4	15
<b>Total</b>	<b>617</b>	<b>479</b>	<b>1,096</b>

Jurong West

**617** CASES

Jurong East

**479** CASES



## PROGRAMMES ARE HELD AT 3 CENTRES

308  
SENIORS  
ARE  
KKSW  
MEMBERS



## Honouring & Enriching the Seniors

Kaki Kampong Seniors Wellness (KKSW) promotes successful ageing through the 6 dimensions of wellness (physical, social, spiritual, financial, intellectual, and emotional). We empower seniors in seeking life's purpose and meaning, and help them take charge of their lives and well-being.

KKSW keeps the kampong spirit alive by encouraging active seniors to engage vulnerable seniors. The benefits of peer-to-peer volunteering and befriending strengthens the community, and promotes the seniors' well-being.

### Programmes

#### CELEBRATIONS

1 Christmas celebration  
9 birthday celebrations

166  
PARTICIPANTS

#### INTEREST GROUPS

##### Leisure & Recreation

Bingo, Gardening, Men's Group, Movies, Reading Club, Sing-along, Sudoku

651  
PARTICIPANTS

##### Art & Language

Chinese Painting, Conversational English, Crafts, Rock Art

380  
SESSIONS

##### Health & Exercise

Communal Dining, Cooking Demonstration, Line Dancing, Low Impact Aerobics, Stretch Band Exercise, Tai Chi, Qigong



#### OUTINGS, EVENTS, COLLABORATIONS

Concerts, community outreach to residents, inter-generational activities, outings, performing arts, workshops (e.g., floral arrangement, mobile phone, reminiscence), volunteering at nursing home

837  
PARTICIPANTS



#### SOAR

Sponsored by Shell, SOAR is a performing arts programme for seniors, offering introductory ukulele, choral singing, and hip-hop dance classes. It helps seniors learn a new artistic skill, gain more confidence, and enhance their physical and emotional wellness. Participants include 1 senior with autism, 2 socially isolated seniors, and 1 senior with depression.



Mr Desmond Lee (centre) & General Manager of Shell Jurong Island Mr Andreas Krobjilowski (right), with our seniors at the opening of Lakeside's Kaki Kampong Seniors Wellness Centre.



75  
SENIORS  
IN SOAR

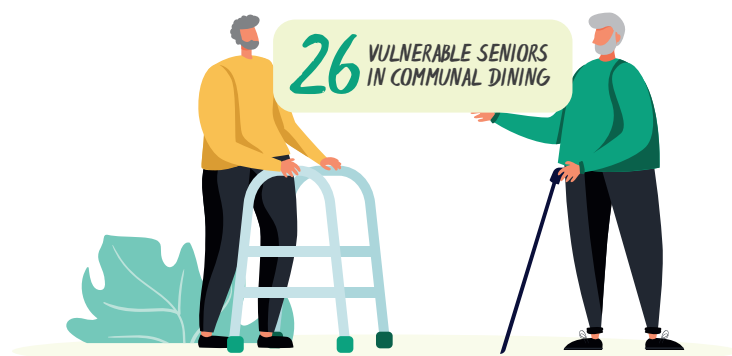


I memorised the dance steps and beats by heart. The teacher used special Chinese terms to explain the dance steps, helping us to deepen our memories in our old age. Everyone was happy to be able to perform on stage, which is very glorious and meaningful. **Confidence enriches a person's life journey and helps them make a positive mark in life.** Thank you for giving us the opportunity to spread love by performing.

**Kathy**  
Beneficiary, SOAR



Kathy (in red), and the seniors in SOAR performing an exuberant hip-hop number at Lakeside Charity Dinner 2019.



## Communal Dining

The communal dining project helps vulnerable seniors meet nutritional needs. Health conditions such as dementia, depression, and poor vision limit their ability to take meals consistently.

Active seniors volunteer to plan, prepare, and serve the meals to monitor and encourage the vulnerable seniors to maintain a healthy diet. To help increase social interaction, simple activities are planned by staff and volunteers to engage and befriend the seniors.

## Chaperone & Transport Service

A team of active seniors have volunteered to chaperone and transport vulnerable seniors to KKSWS activities, helping to increase their participation. These vulnerable seniors may suffer from dementia, so their dedicated chaperones have been walking or taking the bus with them to and from the centres.



61-year-old Geetha used to spend her days cooped up at home due to health and mobility issues. Finances are tight, as the money she earns from renting out a room mostly goes to paying her medical bills and her domestic helper.

Prior to her illnesses, Geetha worked in an office, volunteered weekly to cook for an old folks' home, and enjoyed drawing and crocheting. Losing her mobility and active life was a big blow to her. It greatly affected her self-esteem, causing her to spiral in loneliness and depression at home.

Lakeside staff knocked on her door to invite her to communal dining, which led to her participation in other programmes. Geetha shared, "At first, I felt very odd as there were a lot of Chinese and I'm the

only Indian. But I kept coming and I felt like my family was here. The other seniors would welcome me with open arms, which makes me feel very touched."

Geetha thanks 52-year-old senior volunteer, James, for chaperoning her. He helps her feel safe and comfortable. No matter how tired he feels going for thrice-weekly dialysis, he says volunteering helps him maintain a positive attitude. He would crack jokes with Geetha and encourage her when she is feeling down. James explained, "When I help people, it brings me more happiness. If more people can volunteer, it would be even better!"

**Geetha & James**  
Beneficiary & Volunteer, KKSWS





# Restoring & Empowering the Next Generation

Lakeside aims to rehabilitate troubled youths, and inspire them to develop their strengths and fulfil their aspirations. We also work with schools, employment agencies, the police, and government ministries to provide holistic help.

## Integrated Service Provider

Lakeside was appointed by the Ministry of Social and Family Development (MSF) to run Integrated Service Provider (ISP) programmes. Youths who have completed these programmes also receive Post Care, where caseworkers conduct periodic check-ins to help them sustain positive change.



### STREETWISE PROGRAMME

- ? 6-month programme for youths who associate with gangs
- ▶ Equip youths with life skills and steer them away from gang influence
- 🗨️ Group work, individual & family counselling

**6 YOUTHS**

### GUIDANCE PROGRAMME

- ? 6-month rehabilitative programme for youths who have committed petty offences
- ▶ Help youths resolve issues that may lead to re-offending
- 🗨️ Group work, individual & family counselling

**30 YOUTHS AND FAMILIES**

### TRIAGE

- ? Interviews with young offenders conducted by social workers at police stations
- ▶ Identify young offenders and divert them from the criminal justice system
- 🗨️ Referrals to community resources (counselling, after-school activities, financial assistance)

**100 YOUTHS**

### ENHANCED STEP-UP

- ? 12-month programme for students at risk of dropping out and out-of-school youths
- ▶ Help youths return to school or find employment
- 🗨️ Family intervention, career guidance, life skills training, referrals for financial assistance

**66 CHILDREN AND YOUTHS**

"I wanted to prove to others that I am worth it." Nas (not his real name) grew up in a broken family. He used to seek acceptance from his peers, and tried to prove his worth with his fighting abilities. He was drawn to gangs because they offered him a sense of significance and security.

After he was placed in the Streetwise Programme, he learned the ill effects of gang involvement, and techniques such as peer refusal and emotional management. Nas also realised his strengths and learned prosocial ways to achieve significance, such as competing in national silat competitions. With continual guidance from a mentor (and former gang member) introduced by MSF, Nas was inspired to continue pursuing his life goals.

**Nas (not his real name)**  
Beneficiary, Streetwise Programme



Lakeside staff conducted a networking session for our partners, discussing rising youth trends, needs, and areas for collaboration to enhance the help provided for young people.

## Agape Inspires

Agape Inspires empowers youths to lead change in communities through mentoring and service-learning programmes: Expedition Agape, Youth-Serve, and Youth Corps Singapore.



Working with Youth Corps Singapore, we mentored 85 youths in 6-month projects to understand community needs and conceptualise innovative solutions. With Youth-Serve, we worked with 29 volunteers from the Singapore University of Social Sciences to mentor, train, and support 56 secondary school students to make a meaningful impact on the community.

## Expedition Agape

Expedition Agape (EA) is an 8-month structured programme that develops youths to be "Leaders in Action".



**SELF-  
DISCOVERY**



**LEADERSHIP  
DEVELOPMENT**



**BUILDING OF LIFE-LONG  
MENTORING RELATIONSHIPS**

60 youths facing challenging life circumstances were mentored by 43 volunteers.

➤ Youths and volunteers serve in Singapore and Cambodia, making an impact on 165 persons.

➤ Youths gain a network of support, which provides opportunities for them to realise their dreams.

EA youths and volunteers served a community in Cambodia.



**Looking back after 9 years in EA, I was happiest when actively helping people.** It is practically impossible to create a happy, meaningful, and rewarding life without being of service to others. Thank you for reminding me that the smallest acts of kindness can make the biggest difference.

**Hadi**  
Volunteer,  
Expedition Agape



EA changed my whole life. My EA family showed me so much love when I was sick or down, so I decided to do the same as a youth leader this year. If anyone has a problem, I'll be the first person to console them. I'm proud to be a youth leader in EA, and I'll become a volunteer when I grow up!

**Sanjeav**  
Beneficiary,  
Expedition Agape





## THE GRIT HUB

- ? A weekly drop-in programme for youths
- ▶ Youths have fun, make friends, and interact with positive adult role models
- ☰ Social workers journey with youths who are struggling

55 YOUTHS

## ASPIRE (SPONSORED BY SHELL)

- ? One-to-one tuition for youths from disadvantaged families and struggling in school
- ▶ Help youths graduate to the next academic level and experience success
- ☰ Academic coaching from experienced tutors, who also offer advice for youths with other difficulties



9 YOUTHS

## The GRIT Project

The GRIT Project (TGP) is a Children and Youth Centre based in Jurong West (Nanyang). It addresses the needs of disadvantaged children and youths through developmental programmes, experiential learning, and mentoring. We seek to instil GRIT values in young people – Grace, Respect, Integrity, and Tenacity.

## YOUTH VENTURE (SUPPORTED BY MSF)

- ? 6-month programme for youths who show at-risk behaviour
- ▶ Build character and resilience
- ☰ Outdoor adventure, casework and counselling

43 YOUTHS FROM 2 SCHOOLS

## SCHOOL SOCIAL WORK IN SECONDARY SCHOOLS

- ? Programme for youths-at-risk with little motivation, low self-esteem and poor family support
- ▶ Help youths gain self-awareness, knowledge about their strengths and motivations, develop new coping skills
- ☰ Group sessions, channel youths to other TGP programmes

36 YOUTHS FROM 3 SCHOOLS



## SPORTS@TGP (SPONSORED BY SHELL)

- ? Sports programme for youths
- ▶ Engage youths after school, instil positive values like sportsmanship, discipline, and tenacity
- ☰ Weekly badminton and futsal training, intentional discussions

38 YOUTHS

Youths from The GRIT Hub wanted to learn guitar as a way to build confidence. After 3 months of guitar lessons from our staff, they were able to perform at Lakeside Charity Golf 2019.







Youth Venture was very helpful for my son because it provided a platform for him to perform by taking up new roles and overcoming challenges. He has learned new things and his confidence has grown.

**Amanda (not her real name)**

Parent of Beneficiary, Youth Venture

## Sports@TGP

Every month, our youths put their newly acquired skills to good use in a series of exhilarating round-robin games for the prestige of being the Games Day Champion. They look forward to learning more badminton techniques, and conducting their own badminton clinic for the children from the drop-in programme.



After undergoing the one-to-one academic coaching sponsored by Shell, 5 youths in Aspire showed improvement in Maths. They also developed an interest in the topic, which they initially disliked.

Through Sports@TGP, I learned that sportsmanship means showing respect to our opponents. Another thing I learned is that no matter what the outcome of the match is, **I will not give up easily, but continue to persevere to work on my weaknesses.**

**Hui Ling (not her real name)**

Beneficiary, Sports@TGP



## Nurturing the Future

Lakeside cares for children in the community, especially those from disadvantaged families. We nurture them with quality programmes and services that guide their social and emotional development.

### The GRIT Project

The GRIT Project (TGP) helps young people grow to be confident, competent, connected, caring and of good character.



## Y-MIX

? Hip-hop dance programme for children and youths

▶ Boost participants' self-esteem and self-image

💬 Sessions with dance mentors from SMU Eurhythmix, performances

**22 CHILDREN AND YOUTHS**

## THE GRIT HUB+ (SPONSORED BY SHELL)

? Weekly drop-in programme for children

▶ Grow children's interest in their studies, encourage discipline in study and play

💬 Academic coaching, supervised playtime

**62 CHILDREN**

## SPARKS (SPONSORED BY SHELL)

? School holiday programme for children

▶ Promote socio-emotional & cognitive development, inculcate positive self-identity & good moral values

💬 Psychoeducation, experiential activities (outings, crafts, games)

**120 CHILDREN**

### The GRIT Hub+

A teacher from Juying Primary School shared that her students told her how much they enjoy coming to The GRIT Hub+ for homework and play. That was very encouraging to the team as it informed us that we were on the right track.

**David Lim**  
Social Worker



Volunteer and artist Ms Biddy Low from Nightflower Arts guided the children in creating an acrylic pour painting which was presented to MP Dr Tan Wu Meng at Lakeside Charity Golf 2019.

### SPARKS

As part of their experiential learning, the children collaborated with the Kaki Kampong Seniors Wellness Centre on a carnival. They designed, led, and played carnival games with our seniors.

My daughter Kyla enjoyed SPARKS thoroughly and speaks highly of the quality of the programme and the people involved. We will work on her confidence and give her more encouragement, so she can become more courageous and adventurous.

**Pearlyn**  
Parent of Beneficiary, SPARKS

### Y-Mix

"I started being myself when I felt like I could just fit in. I don't have to pretend to be someone else. This is where I can just let go. I can say what I think. Thank you for teaching me how to let go of myself, and having patience with me."

When Samuel first joined Y-Mix, he was highly disruptive and wanted to leave. He would walk around the dance studio, so his mentor had to "pursue" him. By the third session, he started listening to instructions, and built a good relationship with his mentor, where he had been distrustful of adults before. Through Y-Mix, he built his social skills, showed confidence, and grew to trust adults a bit more. He also joined The GRIT Project's long-term mentoring programme, pairing up with a mentor to journey with him for the next 8 months.

**Samuel**  
Beneficiary, Y-Mix



## Lakeside Student Care

Lakeside Student Care (Jurong East and Jurong West) provides after-school care and supervision for children aged 6 to 12. Friendly staff provide meals, homework help, and enrichment programmes. The children are taught to be independent and responsible from an early age.



In October 2016, we enrolled 10-year-old Joel, who was kicked out by another student care centre. He had been affected by family issues from a young age. When he first came to Lakeside, he was an angry boy. He would use profanities and destroy things. He did not trust anyone, and believed people were out to harm him.

With the structure and discipline provided by Lakeside's teachers, things finally looked up in 2017. Although we suspended him for a week, he started to change for the better upon his return. He gradually learned to listen, obey instructions, and wait.

The biggest change: You could see he is no longer an angry boy, but a hopeful one. He actually cares for people and is willing to help. These days, he pursues his passion in photography and model-making. **It's most rewarding when I see change in someone's life. To me, nothing can replace this.** At the end of the day, I know Joel will run the race even without us around.

**Phoebe Leong**

Supervisor, Lakeside Student Care (Jurong West)



Joel after a showcase of his photos at Lakeside Charity Dinner 2019.



Lakeside children at Project Cheer, organised by Tan Chin Tuan Foundation.

## Collaborations

Lakeside partners with volunteering groups to bring the children a variety of experiences, including outings, celebrations, sports, and learning trips. These partnerships provide meaningful and fun-filled learning opportunities for both the volunteers and children.

## Future Kids

Sponsored by Shell, Future Kids provides weekly one-to-one and one-to-two tuition for children from disadvantaged families. Volunteers from the Shell Lubricants Supply Chain also contribute to the children's holistic development by organising educational experiences. Through these activities, children form closer bonds with regular volunteers who take an active interest in their well-being.

30 children from Lakeside Student Care and 28 children from Lakeside Family Services (Jurong East) benefitted from Future Kids this year.

## Educational & Psychological Services

Our Educational and Psychological Services (EPS) serves children aged 4 to 8 from low-income families with reading programmes, storytelling, crafts, audio-visuals, songs, play, and phonics lessons. We help them learn to read at an age-appropriate level, and cultivate good reading habits.

We also conducted 3 camps to teach the children spelling strategies and help them expand their vocabulary. Plus, we ran a conversational English course for 8 mothers who spoke minimal English, but were keen to improve so they could speak English confidently to their children.





### READING DIAGNOSTIC INTERVENTION PROGRAMME



One-to-one reading programme



Volunteers read with children

31 children  
74% improved in basic reading

### KIDS READ CLUB



Group-based reading programme for 7- to 8-year-olds



Storytelling, crafts, supervised independent reading

25 children

### WE CAN READ (SPONSORED BY SHELL)



Group-based reading programme for 4- to 6-year-olds



Phonics, audio-visuals, hands-on manipulatives, storytelling, crafts

31 children  
52% learned to read over 70 words  
10 children in small group intervention

### STORYTIME (SPARKLETOTS)



Storytelling and storybook exploration for pre-schoolers to initiate interest in reading



Moral-based storytelling, crafts to reinforce story themes

38 children

### TODDLER PLAYROOM (SPARKLETOTS)



Programme for toddlers



Teach English, pre-literacy, and pre-numeracy skills through songs, play & manipulatives

14 children

### PARENTING WORKSHOP



Bonding sessions for parents & children



Crafts & games, activities based on a storybook

86 children and parents

7-year-old twins Jade and Iris (not their real names) have incarcerated parents. They are cared for by their aunt, who is also facing financial difficulties. As no one applied for their citizenship, it was difficult for their aunt to register them for preschool and primary school.

When the girls first joined "We Can Read", they did not know their ABCs, and could not write their names. They attended storytelling sessions, weekly literacy intervention, and sessions with a reading volunteer from Mondays to Fridays.

Now, they can write their own names, recognise most of the alphabet, and do simple worksheets with help. They learned classroom etiquette, participated actively in small group activities, and are able to express themselves in English more confidently.

While they still need help catching up with their peers and picking up social skills, their progress is encouraging. Currently, their caseworker is getting their student passes so they can start primary school.

Jade and Iris (not their real names)  
Beneficiaries, We Can Read





# Healing the Broken-hearted, Reconciling Families

Lakeside's Taman Jurong (TJ) Haven provides services to the incarcerated, ex-inmates, and their families through our in-care and aftercare programmes. We inspire hope, support our clients, and reconnect families, journeying with them through challenging times. Our dedicated team of counsellors, social workers, trainers, and administrators help foster reconciliation, restoration, and reintegration.

## TELE-VISIT

**?** Teleconferencing service at Lakeside's office for families to connect with loved ones in prison

**≡** Provide cosy environment, attend to families' needs

**2,428** Tele-visit sessions  
**597** families  
**90** new visitors

## LAKESIDE FAMILY RESOURCE CENTRE (FRC)

**?** Connects inmates, ex-inmates, and their families to financial and information resources

**≡** Provide financial assistance, information, referrals

**1,024** of 1,124 cases successfully closed  
**\$7,295** of Yellow Ribbon Fund disbursed to 117 beneficiaries

## RELEASE PREPARATION PROGRAMMES (RPP)

**?** Group work for inmates and families

**≡** Planning and goal-setting with inmates

**600** inmates

## CASE MANAGEMENT SERVICE (CMS)

**?** Case management for inmates

**≡** Support and counsel inmates & families

**40** cases

## Lakeside Family Resource Centre (FRC)

We provide inmates, ex-inmates, and their families with resources to help allay anxiety and increase resilience. In July, we also provided 18-month case management for 27 families under the Prison Family Support Service to reduce recidivism and inter-generational offending.

## Release Preparation Programmes (RPP)

Conducted over 20 hours, we run group work discussing topics like release and reintegration with the inmates. We guide the inmates on setting concrete post-release plans and goals, who then share their work with their families.

## Case Management Service (CMS)

For 14 months, Lakeside provides case management for inmates under the Community-Based Programme and Work Release Scheme, where inmates go to work and return to the camp in the evenings. In this transition period, case managers work closely with them and their families, providing the support and counselling necessary for successful reintegration.

Shaun struggled to cope with his finances as he had minimal savings. Due to the shame and guilt of being incarcerated several times, he also found it difficult to reconnect with his family.

We helped him to get financial assistance and come up with a budget plan. He has since been able to save and contribute a portion of his salary to his family. His family also shared they have seen a positive change in Shaun's attitude and forgave him. They are finally reconciled.

**Vania Teo,**  
Counsellor, Prison Services

# Protecting & Empowering Vulnerable Women & Children

Safe Place empowers women and families with unsupported pregnancies to make life-giving choices. We serve all mothers regardless of marital status, age, income level, race, and religion. Volunteers play an essential role in the Safe Place community. They have assisted with baby care and confinement support, providing employment and transport, office support, training, and fundraising.



Celebrating the first anniversary of Safe Place in 2019.

- ▶ Help women take personal responsibility & ownership of their lives and situations
- ▶ Provide relevant information & resources for women to make the best choices for themselves and their child
- ▶ Help women view parenthood & their future through the eyes of hope
- ▶ Case management, counselling, pre- and post-natal equipping, referrals, temporary accommodation
- ▶ Run the Baby Safe scheme, which provides eligible mothers with baby essentials for a minimum of 1 year: diapers, feeding necessities, clothes, breast pumps, baby carriers, strollers

## Residential Respite

We are the only initiative in Singapore that provides dedicated temporary accommodation for pregnant mothers up to 4 months after the birth of their child. This gives the new mothers a supportive community for their parenthood journey, plus opportunities to learn practical baby care skills from our volunteers.

When Erin (not her real name) was 32 weeks pregnant, she slept on the floor in her friend's 1-room flat. Previously suffering from depression, she was treated at IMH for self-harm. After her discharge from a girls' home in 2015, she moved back home, only to move out in 2018 due to her strained relationship with her parents.

When she became pregnant, she was not allowed to return home. The father of the baby did not care about her pregnancy, and they soon broke up. Initially, she considered foster care or adoption. As her emotional attachment to her baby grew, she changed her mind and decided to self-parent.

Safe Place supported Erin's goal of raising her child, and helped her with issues like accommodation. After a challenging year, she is doing well in a stable job, while her baby is settled happily in an infant care centre. Erin celebrates her first year of motherhood, with a sense of hope for the future.

Erin (not her real name),  
Beneficiary, Safe Place



# Our Partners & Volunteers

## Shell

### Caring for the Environment

This year, Shell embarked on various environmental education initiatives for our children and seniors. Topics on environmental conservation were explored with eye-opening tours and nature appreciation. We thank volunteers from Shell Lubricants Supply Chain, Shell Jurong Island, and Shell Nature Nurtures for conducting learning trips to Pulau Semakau, Insectta, and Sungei Buloh Nature Reserve.

Lakeside children in the Future Kids programme also contributed to Shell's Think Circular Week 2019. With Shell volunteers, our children painted their vision of a greener planet on unused t-shirts, repurposing them for fundraising. A month later, they were invited to explain their design rationale at an "auction", where Shell staff could bid for the t-shirts.

### Fundraising for Positive Change

Shell has generously adopted the following programmes:

Future Kids, We Can Read, SPARKS, The GRIT Hub+, Aspire, Sports@TGP, and SOAR.



Lakeside seniors with Shell Nature Nurtures at Sungei Buloh Nature Reserve.



At Shell Think Circular Week 2019, Ms Aw Kah Peng, Chairman of Shell Companies in Singapore, encouraged Lakeside children to practise the 3R's – Reduce, Reuse, and Recycle – and spread the message to their friends and family.



#### CHILDREN

Tuition, outings, reading intervention, socio-emotional skills building, drop-in sessions



#### YOUTH

Tuition, sports (badminton, futsal)



#### SENIORS

Arts (ukulele, choral singing, hip-hop dance)

We also thank Shell for raising funds for these programmes through the Shell Mass Jog 2019 and Shell Amazing Raise 2019. Their collective efforts in fundraising and volunteering have enabled our children and seniors to have a better quality of life and put them on the path for long-term positive change.





Shell Mass Jog 2019



Shell Amazing Raise 2019



Lakeside children with Epson volunteers at Universal Studios Singapore.



## Epson

It has been another great year with Epson. Epson volunteers kindly brought Lakeside Student Care children to Universal Studios Singapore, a hydroponics farm, and an innovative beach clean-up fundraiser with the Waterways Watch Society.

## United Overseas Bank (UOB)

UOB has been a champion of art education for the children of Lakeside Student Care, graciously inviting them to art workshops, such as the UOB-NAFA Young Hearts Programme. Our children were also proud to contribute to the UOB's children's art exhibition at the Asian Civilisations Museum.



Lakeside children with UOB volunteers at a fine art workshop at NAFA.





## Our Fundraisers

### Lakeside Walkathon & Family Day 2019

Passionate Lakeside staff drove a successful fundraising campaign, spreading awareness of Lakeside's causes with their family and friends and collecting pledge card donations. The campaign culminated in the Lakeside Walkathon & Family Day on Saturday, 31 March 2019 at Chinese Garden.



100 staff, friends, and family let their hair down in a refreshing morning walk and whacky bonding games.



Lakeside Walkathon & Family Day 2019



Lakeside Charity Golf 2019







## Dream Selection-Lakeside Charity Golf 2019

Special thanks to Dream Selection for being our Title Sponsor at this year's Charity Golf, held at Orchid Country Club on Friday, 5 July 2019. Friends of Lakeside generously sponsored flights and gave donations to support our children and youth programmes.

The Guest-of-Honour was Dr Tan Wu Meng, Senior Parliamentary Secretary, Ministry of Foreign Affairs and Ministry of Trade & Industry, and Member of Parliament for Jurong GRC. A big thank-you to Hole-in-One sponsors Azimuth Watch Co. and Orchid Country Club! We also thank in-kind sponsors like Bynd Artisan, EagleWings Cinematics, Healthsprings Aesthetics Pte Ltd, and Prospec Surfaces.



Guest-of-Honour Dr Tan Wu Meng was presented with an acrylic pour painting made by Lakeside's children and youths.



Guest-of-Honour Ms Indranee Rajah was presented with a Chinese painting made by a Lakeside senior.



Lakeside Charity Dinner 2019

## Lakeside Charity Dinner "A Million Dreams" 2019

Lakeside Charity Dinner 2019 celebrated the dreams of our beneficiaries with the theme "A Million Dreams". The event was held at One Farrer Hotel on Friday, 4 October 2019. Friends of Lakeside generously sponsored tables and seats, and donated to our programmes for children, youths, seniors, and families.

The Guest-of-Honour was Ms Indranee Rajah, Minister, Prime Minister's Office, Second Minister for Finance and Education, and Member of Parliament for Tanjong Pagar GRC. Special thanks to our auction item sponsors: Artist Ms Gloria Keh, Healthsprings Aesthetics Pte Ltd, and Dream Selection Pte Ltd. Also, a big thank-you to in-kind sponsors 88.3JIA, Power98 Love Songs, Singapore Repertory Theatre, and Village Hotel Sentosa!



#### MC Member

#### No. of MC meetings attended

#### Mr Andrew Tay

Chairman

5

#### Mr Ng Wai King

First Vice-Chairman

2

#### Mr David Ng

Second Vice-Chairman

3

#### Mr Ow Chee Kee

Secretary

3

#### Ms Tan Wee Fong

Treasurer

4

#### Ms Ho Li Peng

Assistant Treasurer  
Chairman HR Committee

4

#### Mr John Lim

Chairman Fundraising Committee

4

#### Ms Seong Koon Wah Sun

Member

3

#### Mr Teo Tee Loon

Ex-officio

5



## Management Committee & Executive Team

### Management Committee (MC)

During the financial year from 1 August 2018 to 31 July 2019, there were a total of 5 MC meetings.

As of this report, 6 Management Committee (MC) members, namely Andrew Tay, Ng Wai King, David Ng, Ow Chee Kee, Tan Wee Fong and Ho Li Peng, have served for more than 10 years. These MC members have been retained for their invaluable contributions to the organisation in the form of their skills, competence, and experience, which have served to give stability and strength to the organisation at the management level. Notwithstanding, the Management Committee continually seeks out potential suitable members for leadership renewal.

### Executive Team

#### Mr Teo Tee Loon

Executive Director

#### Ms Belinda Koh

Director  
Children & Youth Services

#### Mr Edwin Quek

Director  
Casework & Counselling

#### Ms Grace Lee

Director  
Educational & Seniors' Services  
up to 31 July 2019

#### Ms Jennifer Heng

Director  
Safe Place

#### Ms Kim Leon

Director  
Community Partnerships

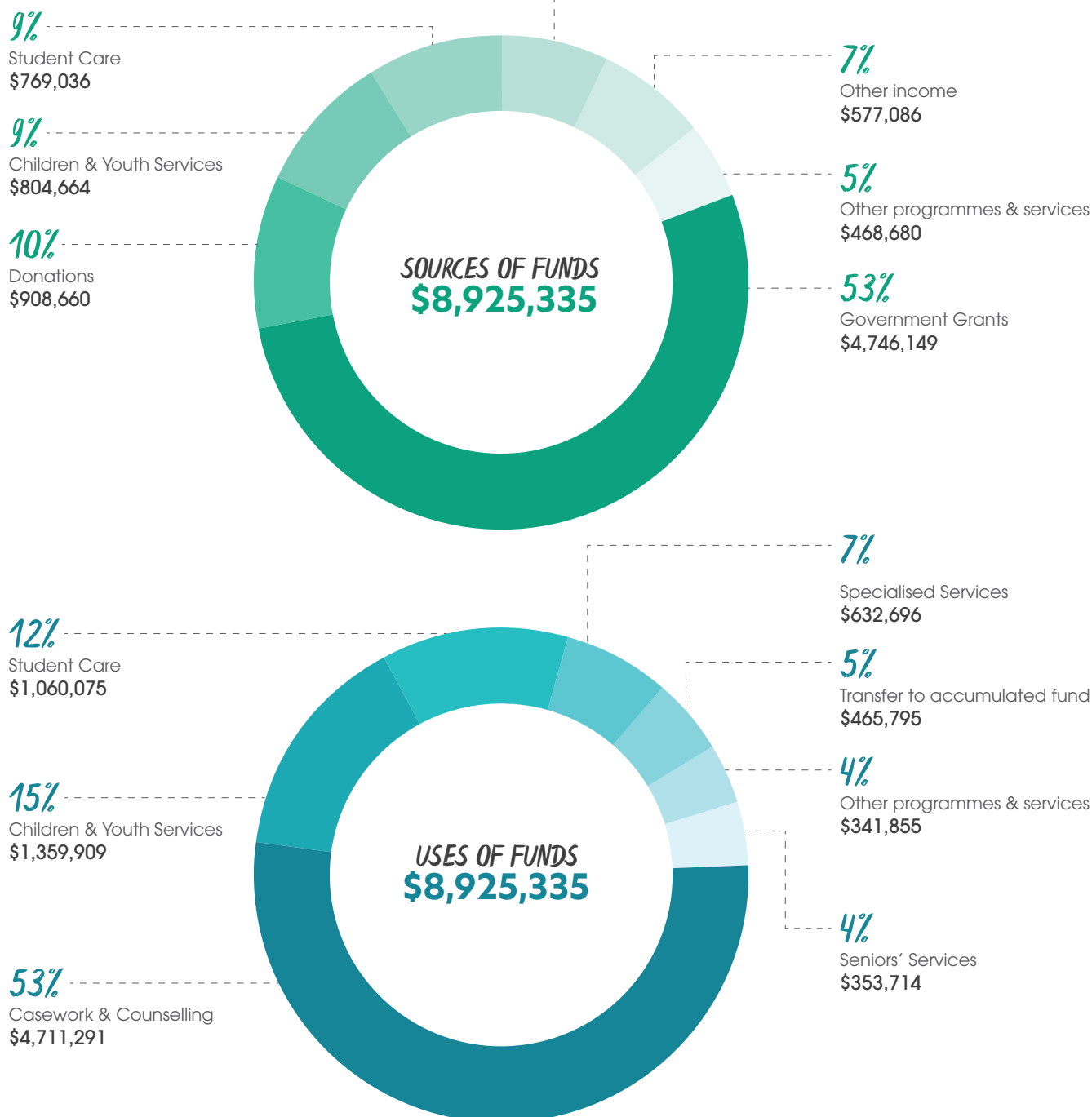
#### Mr Lim Geok Huat

Director  
Specialised Services

#### Mr Jimmy Png

Director  
Corporate Services  
up to 7 May 2019

# Sources & Uses of Funds



1. There are no employees with emoluments above \$170,000 p.a. The income of the top three executives of the centre lies in the band of \$110,000 – \$170,000 p.a.

2. Management Committee members do not receive remuneration and benefits for their services.

3. A sister-in-law of Andrew Tay is a staff and her remuneration is in the band of \$50,000 to \$70,000 during the year.

4. Lakeside's policy is for all staff and Management Committee members to make an annual declaration of potential conflicts of interest.

5. The procedures for handling all conflicts of interest are stipulated in Lakeside's Policy on Conflict of Interest.

6. Lakeside's Whistleblowing Policy is available on our website.

7. Lakeside's Reserves Policy is to have a maximum of 2 years' operating expenses in reserve. Any amount in excess of this is to be used for new programmes and services, given to other charities with a similar mission, or used to start another charity.

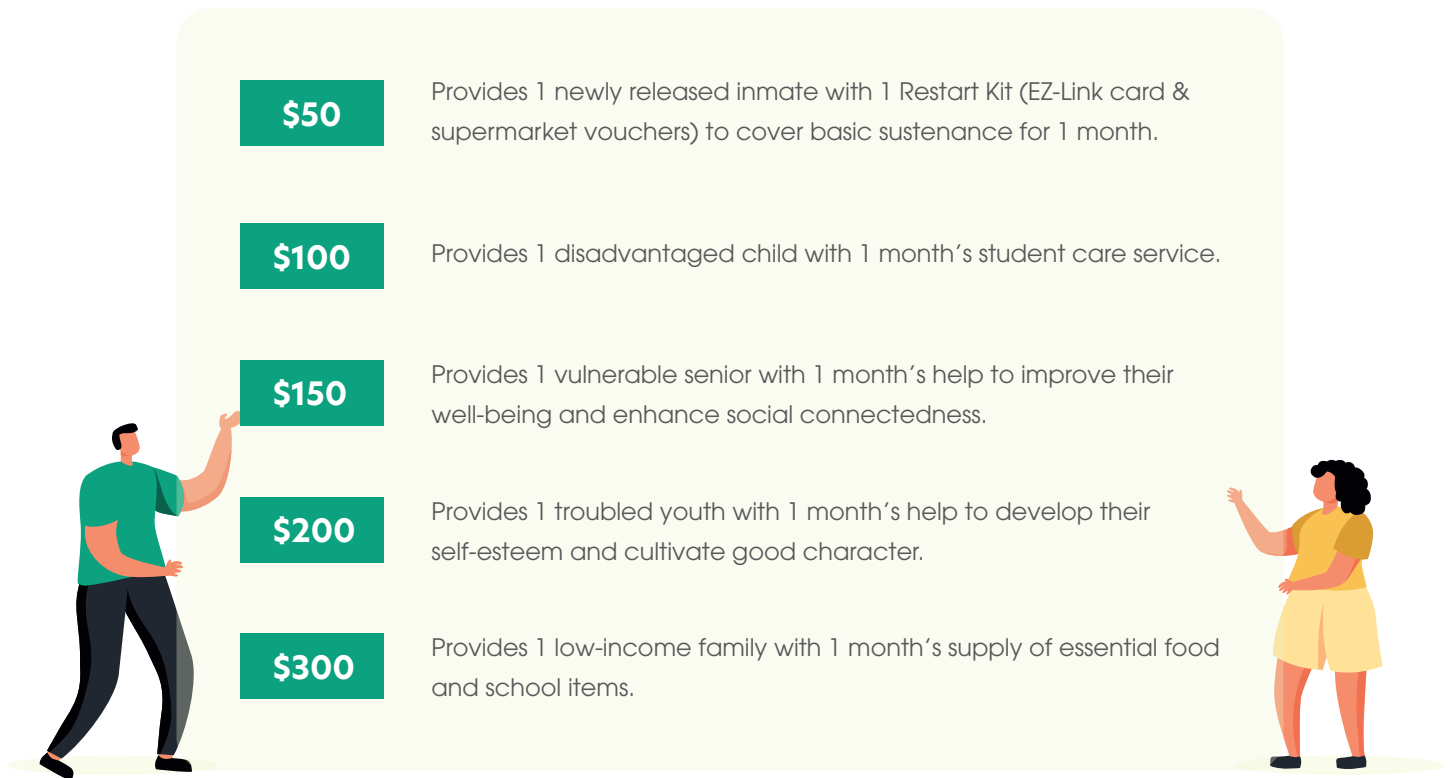
8. Our banks are United Overseas Bank, Development Bank of Singapore, Maybank, CIMB Bank Berhad, Hong Leong Finance, and Credit Suisse AG.

9. Our auditor is Tan & Teh, Chartered Accountants of Singapore.

# Partner Us

## Would you like to change lives today?

Join us in our mission to touch the lives of vulnerable children, youths, seniors, and families in an immediate and personal way. This year, Friends of Lakeside have contributed to more than 5,000 beneficiaries achieving breakthroughs in overcoming life challenges. Great things can be done with gifts of any amount:



<b>\$50</b>	Provides 1 newly released inmate with 1 Restart Kit (EZ-Link card & supermarket vouchers) to cover basic sustenance for 1 month.
<b>\$100</b>	Provides 1 disadvantaged child with 1 month's student care service.
<b>\$150</b>	Provides 1 vulnerable senior with 1 month's help to improve their well-being and enhance social connectedness.
<b>\$200</b>	Provides 1 troubled youth with 1 month's help to develop their self-esteem and cultivate good character.
<b>\$300</b>	Provides 1 low-income family with 1 month's supply of essential food and school items.

## Would you like to spend your time in a meaningful way?

Join us as Lakeside's volunteer! Volunteering is a great way for individuals and groups to get involved. Why not give back with your skills, in your own special way? Plus, it feels good to do good. This year, we worked alongside 1,400 volunteers. We need volunteers with skills and interests in these areas:



**Befriend &  
Chaperone**



**Teach &  
Mentor**



**Organise &  
Facilitate**



**Support &  
Administration**



**Arts & Media**



**IT**

Visit [www.lakeside.org.sg](http://www.lakeside.org.sg) to find out more.



# Support Us



## Donation Response Form

ALL DONATIONS \$50 AND ABOVE ARE ELIGIBLE FOR 250% TAX DEDUCTION. PLEASE ENSURE THAT YOUR DETAILS (INCLUDING NRIC/FIN) ARE PROVIDED TO FACILITATE AUTO-INCLUSION IN YOUR TAX ASSESSMENT.

**I would like to make a:** (please tick accordingly)

☐ **MONTHLY DONATION** (credit card or GIRO only)

☐ \$50    ☐ \$100    ☐ \$150    ☐ \$200

☐ Other amount: \_\_\_\_\_

☐ **ONE-TIME DONATION**

☐ \$100    ☐ \$500    ☐ \$1,000    ☐ \$3,000

☐ Other amount: \_\_\_\_\_

**Donor's Details** (please tick accordingly)

☐ **INDIVIDUAL GIVING**

Title: ☐ Mr ☐ Mrs ☐ Mdm ☐ Ms ☐ Dr ☐ Prof

Full Name (as in NRIC / FIN): \_\_\_\_\_

NRIC no. / FIN: \_\_\_\_\_

☐ **CORPORATE GIVING**

Organisation Name: \_\_\_\_\_

UEN: \_\_\_\_\_

Name of Contact Person: \_\_\_\_\_

### Contact Details

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Contact No.: \_\_\_\_\_

**I am giving by:** (please tick accordingly)

☐ **CHEQUE** (Payable to Lakeside Family Services)

Cheque no.: \_\_\_\_\_

Bank: \_\_\_\_\_

☐ **ONLINE**

Donate online via:

<http://bit.ly/lakeside-online-donation>

☐ **CREDIT CARD** (VISA / MASTERCARD)

Credit Card No.: \_\_\_\_\_ Expiry Date (mm/yy): \_\_\_\_\_ Signature: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_ Cardholder's NRIC no. / FIN: \_\_\_\_\_

☐ **GIRO** (Please complete the form below)

#### Part 1: For Donor's Completion

Name (as in bank account): \_\_\_\_\_

NRIC no. / FIN: \_\_\_\_\_ Contact No.: \_\_\_\_\_

Name of Billing Organisation ("BO"): **Lakeside Family Services**

Company Stamp / Signature(s) / Thumbprint(s)  
(as in bank record)

To (Name of Bank): \_\_\_\_\_ Branch: \_\_\_\_\_ Date: \_\_\_\_\_

Bank Account no: \_\_\_\_\_ Monthly Donation (payment limit): S\$ \_\_\_\_\_

- I/We hereby instruct the Bank to process the BO's instructions to debit my/our account.
- The Bank is entitled to reject the BO's debit instruction if my/our\* account does not have sufficient funds and charge me/us a fee for this. The Bank may also at its discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
- This authorisation will remain in force until the Bank's written notice sent to my/our\* address last known to the Bank or upon the Bank's receipt of my/our written revocation; or upon the Bank's receipt of the notice of expiry from the BO.

#### Part 2: For BO's Completion

BANK	BRANCH	LFS ACCOUNT NO
7 3 7 5 0 3 5 9 9 5 3 4 0 5 8 7 0		

BANK	BRANCH	ACCOUNT NO TO BE DEBITED

BO'S DONOR REFERENCE NO

#### Part 3: For Bank's Completion

To: **Lakeside Family Services**

This application is hereby rejected for the following reason(s):

- ☐ Signature / thumbprint\* differs from the bank's records
- ☐ Amendments not countersigned by donor
- ☐ Account operated by signature / thumbprint\*
- ☐ Signature / thumbprint\* incomplete / unclear\*
- ☐ Wrong Account Number    ☐ Others: \_\_\_\_\_

\_\_\_\_\_  
Name of Approving Officer:    Authorised Signature:    Date:

\*Please delete where is applicable

By submitting this form, you hereby consent to Lakeside Family Services collecting and using your personal data for the purpose of administering your donations and communicating updates to you on other initiatives of Lakeside Family Services.

☐ Please tick here if you DO NOT wish to receive communications and updates from Lakeside Family Services about future initiatives

Please fold along dotted line



**BUSINESS REPLY SERVICE  
PERMIT NO. 08310**



**LAKESIDE FAMILY SERVICES**  
21 Yung Ho Road, #03-01  
The Agape,  
Singapore 618593

Postage will be  
paid by  
addressee. For  
posting in  
Singapore only.

Step 2: Please glue along this side, seal firmly. Do not staple. Please do not enclose cash.

Step 2: Please glue along this side, seal firmly. Do not staple.

Step 2: Please glue along this side, seal firmly. Do not staple.

# Acknowledgements

Mr Tharman Shanmugaratnam, Senior Minister and Coordinating Minister for Social Policies, Member of Parliament for Jurong GRC

Mr Desmond Lee, Minister for Social and Family Development & Second Minister for National Development, Deputy Leader of the House, Member of Parliament for Jurong GRC

Ms Grace Fu, Minister for Culture, Community and Youth & Leader of the House, Member of Parliament for Yuhua SMC

Dr Amy Khor, Senior Minister of State, Ministry of the Environment and Water Resources & Ministry of Health, Member of Parliament for Hong Kah North SMC

Dr Tan Wu Meng, Senior Parliamentary Secretary, Ministry of Foreign Affairs & Ministry of Trade and Industry, Member of Parliament for Jurong GRC

Mr Ang Wei Neng, Member of Parliament for Jurong GRC

Ms Rahayu Mahzam, Member of Parliament for Jurong GRC

Mr Yee Chia Hsing, Member of Parliament for Chua Chu Kang GRC

Ms Low Yen Ling, Senior Parliamentary Secretary, Ministry of Education & Ministry of Manpower & Chairperson of Mayors' Committee & Mayor, South West District, Member of Parliament for Chua Chu Kang GRC

Mr Tan Chuan-Jin, Speaker of Parliament of Singapore, Member of Parliament for Marine Parade GRC

Mr Lim Boon Heng, Chairman of Temasek Holdings, Chairman of NTUC Enterprise Co-operative and Deputy Chairman of the Singapore Labour Foundation

5Stones Pte Ltd

88.3Jia

A Group of Philanthropists

Abbott

Afterglow Concepts Pte Ltd

Agape Methodist Church

Agape Vision

Agri-Food and Veterinary Authority of Singapore (AVA)

A-life Ltd

All Saints Home

Anglo-Chinese Junior College

Anglo-Chinese School (Independent)

Angora Brethren Chapel

AON

Ark Advisors Pte Ltd

ArkIDecture

AriDecor Design Studio

Astoria Solutions Pte Ltd

Azimuth Watch Co.

Baby Carriers Rental SG

Bloom & Grow Singapore

Blue Ribbon Project

Bold@Work

BOVE by Spring Maternity

Boys' Town

Bukit Batok Citizens' Consultative Committee

Bukit Batok Secondary School

Bukit View Secondary School

Bynd Artisan

C K Holdings (2003) Pte Ltd

Central Narcotics Bureau

Central Youth Guidance Office

Changi Airport Group

Changi Prison

Changi Women's Prison

Chapel of Christ the King

Chip Seng Impex (S) Pte Ltd

Christ Methodist Church

Christabel Juniors N'Friends

City Developments Limited

CJ Resources Pte Ltd

CJS Catering Pte Ltd

Clementi Police Division

Clinical and Health Psychology Centre, National University of Singapore

Community Chest

Community Networks for Seniors

Community of Praise Baptist Church

Cornerstone Community Church

Cornerstone Project (Family Care), Cambodia

Council for Third Age

Covenant Community Methodist Church

Covenant Vision Christian Mission

Cowell Insurance Pte Ltd

CP Residences

CPA (Certified Practising Accountants) Australia

Crazy Elephant

Creator's Solutions Pte Ltd

Cummins

Daughters of Tomorrow

DBS

DELL

Department of Psychology, National University of Singapore

Department of Social Work, National University of Singapore

Department of Sociology, National University of Singapore

Digital Investment Management Pte Ltd

Digital Realty

Doulas of Singapore

Dream Selection Pte Ltd

EagleWings Cinematics

Empower Ageing Limited

Epson Singapore Pte Ltd

Eternal Life Assembly

Facebook

Fairfield Methodist Secondary School

Faith Methodist Church

Far East Hospitality

Far East Organization

Fei Yue Community Services

Field Catering & Supplies (elkali water)

Focus on the Family Singapore Limited

Franklin Templeton

Fuhua Secondary School

God's Kingdom Bread of Life Church

Goh Joo Hin Pte Ltd (New Moon)

Gospel Light Christian Church

Grace Design Consultant

Grace Orchard School

Greenland Childcare Singapore

Gruppo Gamma Pte Ltd

Health Promotion Board (HPB)

Healthsprings Aesthetics Pte Ltd

Hegen Pte Ltd

Helios Capital Management Pte Ltd

HEN Charity (Helping and Empowering our Neighbors)

Hewlett-Packard Singapore (Private) Limited

Hillgrove Secondary School

Hisamitsu (Salonpas)

Home for Good SG

honestbee

Hotel Jen

Housing and Development Board (HDB)

HTMI

Hua Yi Secondary School

Hwa Chong Institution

Hysses Singapore Pte Ltd

Ikea Singapore

InOut Atelier

International Community School (Singapore)

Isratrade (Asia) Pte. Ltd

ISS International School Singapore

ITE College West

JH Ministries LLP

Jurong Central CCC (Community Development Welfare Fund)

Jurong Central Citizens' Consultative Committee

Jurong East Neighbourhood Police Centre

Jurong Green Community Club

Jurong Green Residents Committee

Jurong Health Pte Ltd

Jurong Police Division

Jurong Spring Citizens' Consultative Committee

Jurong Spring Community Club

Jurong West Neighbourhood Police Centre

Juying Secondary School

KidZania

Kreativ Design & Projects

Lakeside Student Care Alumni

Land and Transport Authority

Lee Foundation

Lee Kim Tah Foundation

Lee Kim Tah Holdings Ltd

Levi Strauss & Co.

Life Point by the Society of Sheng Hong Welfare Services

Lutheran Church of our Redeemer

M1 Limited

Manchester Business School Pte. Ltd

Marina Bay Sands

Maxurance Venture

McDonald's

Mellford Pte Ltd

Mentoring Alliance

Methodist Girls' School

MILK

Ministry of Culture, Community and Youth (MCCY)

Ministry of Home Affairs (MHA)

Ministry of Manpower (MOM)

Ministry of Social and Family Development (MSF)

Mitsubishi Electric Asia Pte Ltd

MODEC Offshore Production Systems (Singapore) Pte Ltd

MSF Social Service Offices (Regional Services)

Music and Drama Company

Nan Hua High School

Nankai Reptile & Leather Boutique

Nanyang Community Club

Nanyang Constituency

Nanyang Technological University

National Council of Social Service

National Council on Problem Gambling

National Gallery Singapore

National Institute of Education

National Kidney Foundation Singapore

National Library Board

National University of Singapore

National Volunteer and Philanthropy Centre

National Youth Council

Ng Teng Fong General Hospital

Ngee Ann Polytechnic

NHG - Institute of Mental Health

NTUC Fairprice Foundation Limited

NTUC Learning Hub

NTUC SilverAce Taman Jurong

NUS High School

Olive Tree Baby and Kids Clinic

OneNine57 Pte Ltd

QUE Foundation

P&G

Parliament of Singapore

PCF Kindergartens

Pentecost Methodist Church

People's Association

Peter Chew Clinic for Women

Pioneer Constituency

Pizza Hut Singapore Pte Ltd

Power98 Love Songs

President's Challenge

Prospec Surfaces Pte Ltd

Prudential

Queenstown Secondary School

Radiant Instrument & Electrical Engineering Pte Ltd

Redemption Hill Church

RHAB Management Services Pte Ltd

Richfood Catering Pte Ltd

River Valley High School

Riverhub Pte Ltd

Rowes Consultants

SAGE Counselling Centre

Salt & Light Foundation

SASCO Senior Citizens' Home

SATA CommHealth

SBS Transit Ltd

Science Centre

SG Hearts

Shangri-La International Hotel Management Ltd

Shell Companies in Singapore

SIA Sports Club

Singapore Management University

Singapore Police Force

Singapore Polytechnic

Singapore Press Holdings Ltd

Singapore Prison Service

Singapore Refining Company Pte Ltd

Singapore Repertory Theatre

Singapore University of Social Sciences

Singapore Youth for Christ

Smile Central Clinic

Smoocht

So Drama! Entertainment

Social Gifting

South West Community Development Council

SPH Magazines Pte Ltd

SPH Pacom (Golf Vacations)

SportsCare Foundation

Spring Wealth Trading Pte Ltd

Stillwaters Engineering Pte. Ltd

Straits Times' School Pocket Money Fund

Strong Mind Fit Body

Swiss Cottage Secondary School

Taman Jurong Citizens' CCC Development & Welfare Fund

Taman Jurong Citizens' Consultative Committee

Taman Jurong Community Centre

Tan Chin Tuan Foundation

Tanglin Trust School

The Caffeine Experience

The Flying Kick Asia Pte Ltd

The Food Bank Singapore

The Girls' Brigade Singapore (GBS)

The Last Resort

The Legal Collective Pte Ltd

The MoneySENSE-Singapore Polytechnic Institute for Financial Literacy

The Shaw Foundation

The UK Online Giving Foundation

THK FSC @ Jurong

THK Senior Services @ Taman Jurong

Toa Payoh East-Novena Grassroots Organisations

Toa Payoh Methodist Church

Tote Board

TOUCH Community Services Ltd

TRAC WSCS

Trainium Academy

Trinity Methodist Church

United World College

University of Minnesota

UOB

Village Consultancy Pte Ltd

We the People

Wealth Hub Pte Ltd

Westwood Secondary School

Whispering Hearts Family Service Centre

Wildlife Reserves Singapore

Wing Tai Foundation

WongPartnership LLP

Workforce Development Agency

XY Hotel

Yellow Ribbon Fund

Yeoman Capital Management Pte Ltd

YM Holdings Pte Ltd

Young Men's Christian Association (YMCA) of Singapore

YouPrintIt Pte Ltd

Youth Corps Singapore

Youth Work Association of Singapore

Yuhua Citizens' Consultative Committee

Yuhua Secondary School

Yung Kwang Presbyterian Church

Yusof Ishak Secondary School





## Our Centres

### Jurong West Centre

Blk 516, Jurong West St 52

#01-73,

Singapore 640516

☎ 6567-1908

☎ 6565-6435

✉ lfsjw@lakeside.org.sg

### Jurong East Centre

Blk 302, Jurong East St 32

#01-22,

Singapore 600302

☎ 6564-9722

☎ 6564-9422

✉ lfsje@lakeside.org.sg

### Taman Jurong Centre

21 Yung Ho Rd

#03-01, The Agape,

Singapore 618593

☎ 6265-6522

☎ 6265-6523

✉ lfstj@lakeside.org.sg

### The GRIT Project - Children and Youth Centre

Blk 977, Jurong West St 93,

#01-369,

Singapore 640977

☎ 6871-8727

✉ thegritproject@lakeside.org.sg

### Kaki Kampong Seniors Wellness Centre

500 Corporation Road,

#03-01,

Singapore 649808

☎ 6817-4187

✉ kkseniors@lakeside.org.sg

### Safe Place

☎ 6817-4202

✉ safeplace@lakeside.org.sg

## Our Student Care Centres

### Jurong West Centre

Blk 514, Jurong West St 52

#01-18,

Singapore 640514

☎ 6567-7270

☎ 6896-0516

✉ lakesidescjw@lakeside.org.sg

### Jurong East Centre

Blk 302, Jurong East St 32

#01-22,

Singapore 600302

☎ 6564-9677

☎ 6564-9876

✉ lakesidescje@lakeside.org.sg

### Operating hours:

7.00am to 7.00pm (Monday to Friday)

7.30am to 1.30pm (Saturday)

### Lakeside Family Services is a Member of NCSS

Charity Registration No: 1294

IPC No: IPC000214

UEN: S97SS0022B

 Lakeside Family Services

 @lakesidefamilyservices

 @LakesideFamSvc